

# Discover a territory of experiences.

Visit Maia, discover its corners or the various paths that you can find in this brochure are an experience you will not forget. But there is much more to discover in this territory. You can find activities organized by companies dedicated to tourism, which explore the experience of what was once the place. Or discover new forms of artistic, cultural or sports expression. But you can find other experiences. Climbing to the highest point of this territory and seeing the land and sea that define the borders of the Maia is one of them. Or, if you're looking for something with more adrenaline, you can venture out and jump off a plane.



MAIA

Sorrir  
para  
a Vida.

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[visitmaia.pt](http://visitmaia.pt)

**visit  
maia**

experiences







In the Lidador Tower you can see **Maia 360°**. At 92 meters high, it is the 5th tallest building in the country. Here you can see Maia and neighboring municipalities: Trofa, Santo Tirso, Valongo, Gondomar, Porto, Vila Nova de Gaia, Matosinhos, Vila do Conde and Póvoa de Varzim. Here you will also find a reference to history of Maia and its people. A unique trip, a remarkable experience.



**DreamFly** allows an indoor skydiving experience that promises a lot of adrenaline for those who dare to fly in this 11 meter high tunnel, where the wind reaches 300km/h. You can experience free fall and bodyflight, with the safety of a controlled environment.



**Vilar de Luz Municipal Aerodrome** is just 10 km from the center of Maia. Here you can find a heliport, certified maintenance workshop, flying school, skydiving school and aircraft fuel station.



Maia has **mountain biking** and trail running routes to answer those who have a taste for nature and adventure. Cycling is a way to access places restricted to common transport, where you can see unique landscapes and have a direct and healthy contact with nature.



**Trail Running** is a sensations sport, in which we must know our limits and our abilities as much as possible. Therefore, nothing better to practice it than a place that offers endless possibilities. On these tours you will discover the most fascinating trails in the territory.



The **Equestrian Center of Maia** has unique conditions for the practice of the sport. In addition to places for the public, the Center has 5 pits, laundries, cross country course, gallop and trot track, riding stables and obstacle park. These conditions of the Municipal Racecourse allow to receive the National Equestrian Championship.